

Lan-Oak Park District

PARK NOTES

Fall/Winter 2022

It's Been A Busy Summer for Your Park District

Every spring the park district eagerly waits for the weather to break so that planned projects can get started. This past spring was no different as plans included a new pickleball court, new park signs, new memorial trees, a new sand volleyball facility, a new LED sign at the Eisenhower Center, a new bike share program, new community gardens, a new parking lot at Erfert Park, new surfacing of the Pennsy Greenway bike path, memorial trees, and new interior doors in the indoor pool area and gymnasium at the Eisenhower Center. So let's check the progress!

New Pickleball Sport Court at Copper Mugger's Park - Done!

New Sand Volleyball at Lan-Oak Park - Done!

New Memorial Trees at four different parks - Done!

New Community Gardens - Done! New Bike Share Program - Done!

New Interior Doors at the Eisenhower Center - Done!

New Parking Lot at Erfert Park - Projected for late Fall

Pennsy Greenway Resurfacing - Projected for late Fall

New Park Signs for Schultz Park, Lions Stadium, Bock Park - Scheduled for mid-October

New LED Sign at the Eisenhower Center - Awaiting Plan Commission Approval

Lan-Oak Park District is proud to serve the Lansing community for park and recreation needs.



Enjoy
all the
new
fun!





JOIN THE HALLOWEEN FUN

Just For Ages 9-13

HAPPY HALLOWEEN

Costume Party

FRIDAY OCTOBER 28
6:30-8:30pm

Attendance is limited so reserve your spot!!
\$5 Party Fee Program#: 354068 Section#: 01

FOOD, DJ, BEST COSTUMES WIN PRIZES!

LAN OAK PARK DISTRICT 2550 178th Street
Register at: www.lanoakparkdistrict.org 708-474-8552

GHOSTLY GAMES

Don't miss this Lansing tradition! Kids will love seeing friends, playing games, and bringing home their loot. Candy or a prize every time you play a game! Parents - prepare for a super fun night.

Friday
21
OCTOBER
6:30-8:30 pm

COSTUMED CHARACTERS, CARNIVAL GAMES, BOUNCE HOUSE, ART STATION - FOR AGES 3-8 YEARS

Questions? 708-474-8552 Fee: \$7 (kids only)



NEW!! Pup-kin Fest

This event offers some fall-tastic fun at the dog park. Dogs and their parent should don costumes for a Halloween costume parade, we'll enjoy treats, and paint pumpkins! Pre-registration is required and all are welcome!

Program#: 328006 (01) Fee: \$18.00

Friday, October 21 5:00pm-6:00pm

Ghostly Games does not require pre-registration - bring the family, drop in and have fun. Happy Halloween Costume Party and Pup-Kin Fest require registration. Make it easy! Register online at www.lanoakparkdistrict.org

Senior Programs Expanded - More Variety, Still Inexpensive

The park district is proud to offer a senior program that gives older participants an opportunity to get out, socialize with friends, get fit, create, and have fun. All senior discounted programs and discounted fitness memberships are for seniors 62 & older.

Seniors will get fit on a budget with Chair Dancing, Chair Yoga for Vitality, Spin for Seniors, Stretch & Strong, and Senior Balance Workouts. All of these fitness programs are offered for 5 to 6 weeks for just \$5.00-\$15.00.

Free fitness memberships are offered for seniors whose medical insurance qualifies for Renew Active and Silver Sneakers.

Show your creativity in Holiday Diamond Painting and programs like Paint Palettes, Coloring for Seniors, Senior Crafting, and Holiday Wreaths all offered for \$5.00-\$10.00.

Show your competitive side in Bingo (drop-in Mondays & Fridays), Card Sharks (free), and offerings like Game Parties (\$5.00), Senior Athletics (\$5.00), Table Games (free), and Walking Club.

Exercise your mind and memory in Code Breakers, Music Bingo, Remember When?, Familiar Faces Bingo, Sticker by Number Pictures, Brain Games, and Puzzlers - some free and some offered for just \$5.00.

Get out and about with monthly senior day trips \$10 each. *Pick the programs that you prefer, sign up, and get out of the house with friends.*

Questions? 708-474-8552

Celebrate the Season This Year in Deck the House Contest

Every December the park district sponsors a Deck the House contest that gives Lansing residents the opportunity to show off their decorating skills and showcase their home during the holiday season.

The contest is free but requires pre-registration. First, second, and third place prizes will be awarded. Residents may enroll now for a judging on Friday, December 16, 2022 6:00-7:15 pm. Residents must have their lights on by 6:00pm for judging.



Deck the House 2021 Winner

So, grab your best decorations and light up the shutters in the spirit of the holiday season!

EISENHOWER FITNESS CENTER

JANUARY BUY ONE GET ONE FREE MEMBERSHIP SPECIAL



GET BACK TO FITNESS

For more details: **708-474-8552**



LAN-OAK PARK DISTRICT
2550 178TH STREET
LANSING, IL 60438

OUR SERVICES

- * CARDIO
- * CIRCUIT TRAINING
- * INDOOR LAP POOL
- * SAUNA - WHIRLPOOL
- * WEIGHT ROOMS
- * PERSONAL TRAINING
- * STEAM ROOMS
- * TANNING PATIO

BEST DEAL IN THE AREA!



NEWS & EVENTS

Catch up on some park district news tidbits...

Lan-Oak Park District's very popular educational preschool program, **Playkool**, is off and running with it's 21st year! Openings are still available for your child 3-5 years old.

Did you know that the **Paws'n Play dog park** stays open year-round? Get your membership now and have some fun with your precious canine family member.

LOPD Community Gardens will close for the season on October 31. Reopening is right around the corner in April 2023. Don't miss out - plan on reserving your garden plot in January. Plots are located at Van Laten Park, are 15' X 15', and cost just \$20 per plot.



Check out the winner of our **2022 LOPD GARDEN PLOT PHOTO CONTEST**.

Hiring for summer help will start in March 2023.

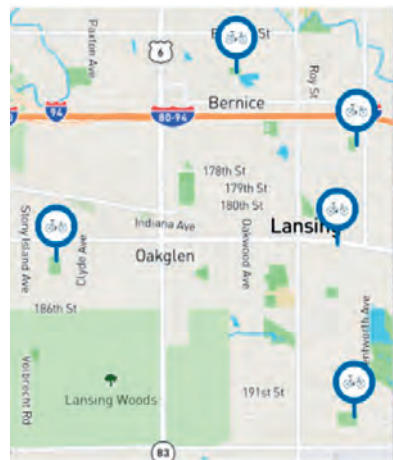
Summer camp counselors and outdoor park maintenance crew are needed every year. Think about spending your summer working with the park district. An employment application is available for download on our website at www.lanoakparkdistrict.com.



Great News! The **LOPD Bike Share** program launched on September 14 and Lansing residents have used bike share bicycles every day since.

Park your car, and use a bike for your next errand! **Bike Rental Fee: \$2.50 per 30 minutes.** You must be 18 years or older to rent from LOPD Bike Share.

LOPD Bike Share locations: Park Plaza, Van Laten Park, Potts Park, Rotary Park, and Copper Muggers Park.



The Park Board is composed of five non-paid individuals selected by voters to serve elected terms: John Kelly, Bob Tropp, Chris Gales, Lolly Lewis, Gina Aguilar.

D.A.Y.O.N.E. Youth Basketball League



This popular athletic offering is for kids in 3-5th grade and 6-8th grade. Kids will learn skills, develop teamwork,

practice hard, and enjoy the competition in this league that starts with a player draft and concludes with a March Madness tournament. Volunteer coaches evaluate skills, draft a team, contact parents, determine two practice times each week, teach, encourage, and lead Sunday games. Participants will receive

a league jersey and participation medal. Practices will be scheduled twice each week. **Volunteer Coaches are needed!** If you wish to coach, please indicate so at the time of registration. Register your child **NOW!** Registration deadline is December 2