Challenging Limits, Changing Lives

SUMMER CAMP

& WEEKLY PROGRAMS

June 9 to August 9, 2025











REGISTER BY MAY 27, 2025

SRS South Campus Office: 2550 178th Street Lansing, IL 6048

SRS OF SERTOMA STAR SERVICES

SRS is a special recreation cooperative of Broadview, Calumet Memorial, Dolton, Lan–Oak, Riverdale Park Districts, the Village of South Holland Recreational Services Department, and Sertoma Star Services. Sertoma Star Services is a 501(c)3, not–for–profit organization dedicated to challenging limits and changing the lives of people with intellectual and developmental disabilities.

SRS was organized to provide year–round, community–based leisure education and recreational services for persons with disabilities.

South Campus

Lan-Oak Park District 2550 178th Street Lansing, IL 60438 708-474-8552

North Campus

Beverly Center 3065 S. 25th Avenue Broadview, IL 60155 708-410-0182

SRA STAFF

Michael McNicholas, CTRS, MPA Executive Director mmcnicholas@sertomastar.org 708-207-0023

Tania Meza-Sanchez, CTRS
Recreation Specialist

tmeza-sanchez@sertomastar.org 708 - 466 - 5821 Shevon Reed, CTRS, CDP Program Manager

<u>sreed@sertomastar.org</u> 708-955-8517

SRA MEMBER DISTRICTS

Broadview Park District (North Campus)
Darion Hills, Executive Director

Calumet Memorial Park District Hollice Clark, Executive Director

Dolton Park District Cleo Jones, Acting – Executive Director

Lan Oak Park District
Sharon Desjardins – Superintendent of Strategy and Operations

Riverdale Park District Cynthia Gilmore, Administrator

Village of South Holland Recreational Services Department Edward Stewart, Director of Recreational Services

> Sertoma Star Services Kelly Berardelli, President/CEO

SUMMER CAMPS FOR ALL AGES

Sun, Fun, Everyone belongs!

Come join our inclusive summer camps packed with outdoor games, team adventures and connections. All identities and abilities are welcome. We offer three different camps, children's camp, teenage and adult camps; at Sertoma Star, there is room for everyone! Be yourself, make new friends and create memories.



Core camps will maintain a constant location, schedule, and staff.

Monday – Thursday 9 a.m. to 3 p.m. June 16 – July 25

CAMP DISCOVER & GROW

From tag and treasure hunts to splashes galore, nature walks, relay races, and so much more!

We'll climb, we'll craft, we'll laugh and play, adventure and giggles fill every day!

So pack your bag and don't be late —

Camp is calling — it's going to be great!

Spots fill fast, sign up today and let the summer fun begin!



Ages 6– 10, Riverdale Park District Monday– Friday 9 a.m. to 3 p.m.

CAMP EXPLORER'S JOURNEY

Ready to move, play, and push your limits, your way? From soccer and basketball to obstacle courses and team games, our camp is packed with action and open to all abilities. Discover your strengths, build real friendships, and be part of a team where everyone belongs.

Sign up now!
Your summer
adventure
starts here,
& the whole
crew is invited!



Ages 11– 17
Lan-Oak Park District
Monday-Thursday
9 a.m. to 3 p.m.
June 16– July 25

CAMP RISE & ADVENTURE

Live Well, Laugh Loud, and Make This Summer Count



Join us for a summer full of movement, friendship, and feel-good fun — all in a welcoming space where everyone belongs.

From fitness games and outdoor adventures, to cooking, life skills, and social hangouts, this program is all about living your best, healthiest life.

Ages 18- 25
Dolton Park District
Monday-Thursday
9 a.m. to 3 p.m.
June 16- July 25

FIELD TRIP FRIDAYS

Hop On — Fridays Just Got Awesome!

Every Friday's a new adventure with friends, fun, and unforgettable field trips! From local hotspots to hidden gems, teens with disabilities can explore the world around them in a safe, social, and totally exciting way.

Grab your spot — the bus is loading and the fun is nonstop!





Ages 11- 25 9 a.m. - 3 p.m. June 20- July 25

Field Trip Fridays are an additional registration cost.
For more details and camp registration, contact
Shevon Reed at sreed@sertomastar.org, (708) 955–8517
*Please note there will be no camp on Juneteenth, or
Independence Day holidays.

WEEKLY PROGRAMS

Want to give your agenda a break?

Skip the full-time commitment and divide the fun into weekly programs! Whether you're looking to make new friends, try something new, or just get outside and move, we've got something for you!

LITTLE GUPPIES

Our Little Guppies program is the perfect way for young swimmers to build confidence, learn water safety, and have a blast in the pool! With gentle

guidance, games, and lots of smiles, it's all about fun, friendship, and getting comfortable in the water, one splash at a time!

When: Mondays

Where: South Holland

Community Center

Time: 5-6 p.m.

Ages: 4 to 12

Fee: \$45



MAKING WAVES

Nothing is better than a dip in the pool after a long, summer day. Let's refresh our minds and bodies with some poolside fun with friends!

Join us for the Making Waves program for teens!

Whether you're working on skills, building confidence, or just love to move in the water, this inclusive swim program is all about making progress, making friends, and making waves — in and out of the pool.



When: Mondays
Where: South Holland Community Center

Time: 6-7 p.m.

Ages: 13 & Older

Fee: \$45

INTRO TO SPECIAL OLYMPICS

CORNHOLE

Toss, score, and so much more; this summer is the time to toss and play! Ages 12 to 21 can join our cornhole crew and brighten your day! Whether you're a champ or just giving it a try, there will be laughs, cheers, and sunny skies. Toss those beanbags and win some high-fives! Fun for all, big smiles ahead, make some memories — enough said!

When: Tuesday Fee: \$50

Where: Lan- Oak Park Time: 5-6 p.m.

Age: 12 to 21



INTRO TO SPECIAL OLYMPICS

VOLLEYBALL/UNIFIED VOLLEYBALL

Unified Volleyball is a program where Special Olympics athletes and Unified Partners compete together as one, cohesive team. Unified Partners can be friends or family members of athletes. Athletes must obtain their own Unified Partner. Unified Partners must register and pay program fees.



Ages: 8 & Older
Tuesdays, Aug. 5 - Sept. 30 6-7 p.m.
South Holland Community Center
Fee: \$125 Min: 8/Max: 12



Lace up your bowling shoes and get ready for a great time! We will use this time to perfect our bowling skills in preparation for this summer's competition. Program registration fee includes Regional Tournament registration.

*Region E Tournament is August 9.

Ages 8 & Older
Tuesdays, June 10- Aug. 5, 4-6 p.m.
Dolton Bowl Fee: \$100 Min/Max: 4/12

ALLEY CATS

PIN PALS

Nothing to do with your spare time? Try your hand at the target sport of Bowling! All skill levels are welcome.

Let's hit the lanes and strike up some good times with a spirited game of ten-pin! All skill levels are welcome.

Ages 6 - 12
Weds., June 11 - Aug. 6
4 - 5 pm

Dolton Bowl Fee: \$35

Min/Max: 4/10

Ages 13 & Older
Weds., June 11 - Aug. 6
5 - 7 pm

Dolton Bowl Fee: \$35

Min/Max: 6/15

SOCIAL LIFE

CULINARY CRITICS

Are you a culinary critic? Sharpen your financial and social skills, while sharing culinary critiques and breaking bread at restaurants in the Lansing-Northwest Indiana corridor. Participants will receive the list of restaurants prior to the start of the program season.

Ages 16 & Older Thursdays, June 12, July 17, August 7 5:15 - 6:45 p.m.

Various Locations Fee: \$35 Min/Max: 6/10

SUNDAE SATURDAY!

GAYETY'S CHOCOLATES & ICE CREAM - JULY 12

Gayety's Chocolates & Ice Cream, Lansing We'll start the season with a trip to historic Gayety's Chocolates, where hand dipped chocolates and ice creams are still made the old-fashioned way! Can you taste the difference in this century-old method?

CUNIS CANDIES - AUGUST 2

Cunis Candies, South Holand

At this local gem, we'll have the opportunity to hand-craft ice cream sundaes using the freshest scratch-made ingredients. Featured on the television show Chicago's Best, let's find out what makes this 92 year-old establishment so legendary!

Ages 13 & Older, Saturdays, July 12 & August 2 12:30-1:30 p.m. Fee: \$15 Min/Max: 4/10

GARDEN GURUS

Grow, Bloom, and Thrive this Summer! Get your hands dirty and your smiles growing with our all-abilities gardening program! New to gardening or already a green thumb? Everyone is welcome to dig in, plant, and watch our gardens — and friendships — bloom. Come enjoy the sunshine, fresh air, and the joy of growing something amazing!



Ages 13 & Older Saturdays., June 14– Aug. 9, 9:30– 11:30 a.m.

Van Laten Park, Lansing

Fee: \$25



FRIDAY SOCIALS

Give Your Teen a Friday to Look Forward To!
Our Friday Night Socialites Program offers teens
and adults with disabilities a safe, fun way to connect,
build friendships, and explore the community.
From outings and activities to games and social events.
It's a great way to gain independence, stay active, and
have a blast with friends. Let's have Friday's full of laughter,
learning, and lasting memories!

PLEASE SEE OUR LIST OF OFFERINGS BELOW AND REGISTER FOR AS MANY FRIDAY NIGHTS AS YOU'D LIKE. REGISTRANTS MUST BE 16 YEARS OF AGE OR OLDER. *PLEASE NOTE THERE WILL BE NO SOCIAL ON JULY 4TH.

**REGISTRATION DEADLINE FOR ALL FRIDAY NIGHT SOCIALS IS MAY 27.



FRIDAY SOCIAL	Location	Fee
June 13- Games Night Shake? Rattle? Roll? We have plenty of games to suit your fancy! Let's kick-off the summer season with a fun night of table and card games. Snacks will be provided.	Riverdale Park District (Ivanhoe Field House) 6:30- 9:30 p.m.	\$15 Min/Max: 6/15
June 20- Ice Cream Social There's no better way to usher in Summer than with an ice cream sandwich, so tonight we're going old school with handmade ice cream sandwiches! Which flavors will you choose for your summertime, cool treat?	Dolton Park District 6:30 - 8:30 p.m.	\$15 Min/Max: 8/15
June 27- Windy City Thunderbolts Take me out to the ball game! Tonight we'll root for the Windy City Thunderbolts as they take on the Joliet Slammers! Afterwards, we'll enjoy the postgame fireworks show, hosted by the Thunderbolts! Registration fee includes game ticket, and transportation. Please bring money for concessions.	Ozinga Field, Crestwood, IL Drop-off/Pick-up: Calumet Memorial Park District, Calumet City, IL 5:30 - 10 p.m.	\$25 Min/Max: 6/12
July 11- Hawaiian Luau Put on your dancing shoes, and let's travel to paradise with our SRA friends! Good food, music, and transportation are included with registration.	Romeoville Recreation Center, Romeoville, IL Drop-off/Pick-up: Eisenhower Center 5 - 9 p.m.	\$25 Min/Max: 6/12

FRIDAY SOCIAL	Location	Fee
July 18- DIY Delights Join us for a night of do-it-yourself fun! There'll be a choice of crafts to create, hand-decorate, and put your own personal spin on! Snacks will be provided.	Calumet Memorial Park District 6:30- 8:30 p.m.	\$15 Min/Max: 4/8
July 25- Summertime Splashdown Feeling the heat of summer? Tonight we'll cool down with some relaxing time in the pool. We will swim and play cool pool games with our SRS friends.	Eisenhower Center, Lansing, IL 6 - 8 p.m.	\$15 Min/Max: 6/15
August 1- Movie Night Relax with your friends while enjoying a Friday Night flick. Your movie ticket is included with registration, but bring money if you'd like to purchase snacks. You will be notified of the movie selection and time, the day before the program.	Marcus Theatres, Country Club Hills Time: TBD	\$20 Min/Max: 6/10
August 8- Country Western Dance Join us for a toe-tapping, boot- stomping, good time with our SRA friends! Good food, music, and transportation are included with registration.	Bolingbrook Recreation & Aquatics Complex, Bolingbrook, IL Drop-off/Pick-up: Eisenhower Center, Lansing, IL 5- 9 p.m.	\$25 Min/Max: 6/10

VIRTUAL PROGRAMS

- Sertoma Pals June 16
- Lunch Buddies June 23
- Independence Day Preps July 2
- Summer Karaoke July 14
- Grilling with Sazon Aug 4
- Soups & Snacks Aug 18



For **ALL** ages **Same time 6 p.m.**



Virtual programs will be hosted by the North Sertoma Star campus

SPECIAL EVENT SUNDAY, AUG 3



We're heading to the water park for a day packed with slides, waves, and non-stop fun! Don't miss this chance to cool off, laugh with friends, and enjoy a safe, supervised summer adventure.

Ages: 13 & Older

9:30 am - 3:30 p.m.

Drop-off/Pick-up: Eisenhower Center

Fee: \$60 Min/Max: 6/12

Program Cancellation & Credit Policy Program Information:

- If no participants arrive within the first 15 minutes at the scheduled program time, the program will be canceled, and staff will be sent home. No credits will be given.
- If the program is canceled, program staff will attempt to reach all participants by phone and email to inform them.
- SRS attempts to extend programs to make up missed dates. You will be notified of program extensions.

All credits/refunds will be reviewed and disbursed after review by the Executive Director.

Please note that a doctor's note may be required with the credit request.

Once a program has begun, no credits will be given.

Out-of-district participants include those not part of the member districts, the corresponding school district, or affiliation with Sertoma Star Services. SRS will accept out-of-district participants into our program with the registration and payment of a \$1,200 annual maintenance fee. This fee, paid to SRS, can be made in installments or all at once. To pay in installments, you must make arrangements with the SRS Program Director. For additional inquiries, please contact Michael McNicholas at <a href="maintenance-new-mathers-ne

Registration Information:

Contact Program Manager Shevon Reed (<u>sreed@sertomastar.org</u>), or Special Recreation Coordinator Tania Meza (<u>tmeza-sanchez@sertomastar.org</u>) to schedule an appointment to register for programs. Payment arrangements will be made at the time of registration.

Complete the Annual Information Form, filling in all appropriate spaces. Annual Information Forms are due at the time of registration.

Program Registration:

Checks made out to Sertoma Star Services or cash are accepted. Please write the participant's name on the check. Full payment must be included. You will be notified if a program is canceled or if a participant is placed on a waiting list.

Delinquent Accounts:

Participants will be denied participation if a balance remains from a previous season, or a late pick-up fee has not been paid. For participants attending a program without prior registration and payment, a \$10 administrative fee will be added to each program that is attended. This fee must be paid in full before registration can be taken.

Special Recreation Services of Sertoma Star Services Summer 2025 Registration

SRS requires that the following form be updated seasonally or due to a change in participants' health. Please complete this form entirely, and return it with payment. You must have a current registration to participate in any SRS activities.

All information is confidential.

Participant Information:			Sign Up
Name:			
Date of Birth:			
Address:			
City:	State:	Zip Code:	
Primary Phone:	Cell F	Phone:	
Park District:	Grou	up Home:	
Parent/Guardian Information	on:		
Name:			
Address:			
City:	State:	Zip Code:	
Primary Phone:	Cell Phone:		
Emergency Contact Inform	ation:		
Name:		Relationship:	
Phone 1:	Phone 2:		

Medical Information: Physicians Name: _______ Hospital: _____ Phone: _____ Primary Diagnosis: ______ Secondary Diagnosis: ______ Tertiary Name: _______ Seizure Disorder/Type: ______ Frequency: _____ Duration: _____ Seizure Trigger/Warning Signs: ______ Other Impairments:_____ Allergies: ______ Medication (type, dose, and frequency) use separate sheet if needed: Adaptive Equipment Needs: Dietary Restrictions: Daily Living Skills (please circle):

Eating:	Bathroom:	Dressing:	Mobility:
Independently	Independently	Independently	Independently
Needs Monitoring	Needs Monitoring	Needs Monitoring	Walker Wheelchair
Requires Assistance Explain:	Requires Assistance Explain:	Requires Assistance Explain:	(manual or electric)
			Can the participant transfer? Yes No

SRS SOUTH SUMMER 2025 Program Registration

Please list each of the programs you are registering for below. Payment is due upon registration.

PROGRAM	FEE	PROGRAM	FEE

Americans with Disabilities Act

Special Recreation Services of Sertoma Star Services supports the Americans with Disabilities Act (ADA). SRS will provide all reasonable accommodations to include persons with disabilities in the community. It is the belief of SRS that all people are created equal and that they should have equal rights to recreation and leisure opportunities in their communities.

Inclusion

SRS supports programs that allow the participants to perform in the least restrictive environment. Some participants may choose traditional SRS programs, while others may choose park district and recreation department-offered programs. In cooperation with park district/recreation department staff, SRS will provide additional support for all persons interested in inclusion services in park district/recreation department programs. Contact SRS for additional information.



Sertoma Star Services has a rich history of providing state-of-the-art services and programs for individuals with intellectual/developmental disabilities and those living with mental illness. The organization has provided programs and services to individuals in and around the Chicagoland area and northwest Indiana for a collective 125-plus years. We support more than 1,500 consumers and have three locations in Illinois – Alsip, Chicago Heights, and Matteson – and an office in Merrillville, Indiana. Our programs are driven by our passion for creating life-changing vocational, educational, therapeutic, and residential opportunities for those we serve.





SRS SOUTH Campus Office 2550 178th Street, Lansing, IL 60433

Serving the park districts of Broadview, Calumet Memorial, Dolton, Lan-Oak, Riverdale Park, and the Village of South Holland Recreational Services Department

Visit us online at sertomastar.org/specialrecreation